

University Nicolaus Copernicus in Toruń
 Faculty of Health Sciences
 Institute of Education Sciences
 University Sport Centre
 Foundation "Bridge to the People"

INTERNATIONAL SCIENTIFIC CONFERENCE

AGEING WELL – ACTIVE AGING

Toruń – Poland 21.03.2023 r.

ONLINE

Meeting room:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_ZTQzNTU5ODktMWE3ZC00MDc2LTk3ZGQtODcxNDA3Y2MyN2E4%40thread.v2/0?context=%7b%22Tid%22%3a%22e80a627f-ef94-4aa9-82d6-c7ec9cfca324%22%2c%22Oid%22%3a%2219336ef6-a516-47a7-9661-14aec0d85ff1%22%7d

	e-mail		CET
Moderator dr Marek Małyśa			
Prorector UNC prof. dr hab. Beata Przyborowska	bprzybor@umk.pl	Opening of the conference	9.00
President WBF Jan Kamras		Welcome	9.15
Session I			
Tihana Brkljačić	Tihana.Brkljacic@pilar.hr	Assessing Bridge Skill: Questionnaire for Trainers	9:30
Ditta Baczała	Ditta.Baczała@umk.pl	"Personal values of young persons with intellectual disability before and during COVID-19 pandemic"	10:00
Sebastjan Jeretič	sebastjan.jeretic@neurovirtu.com	The benefits of playing bridge for the well being of people 60+ in Slovenia	10:30
Małgorzata Maruszkin	lubiebrydza@wp.pl	Bridge means people, not cards	11:00

Tihana Brkljačić, Andreja Brajša - Žganec, Marina Kotrla Topić, Marija Džida, Maja Kučan	Tihana.Brkljacic@pilar.hr	Well-being in Multigenerational Families	11:30
Tomasz Komendziński	tkomen@umk.pl	Health Neuroscience from Allostasis to Well-being. Inside Out Approach	12:00
Break			
Session II			
Martin Seligman	seligman@psych.upenn.edu	Bridge &. Psychology in My Life.	14:00
Veronique Ventos	sollinw@gmail.com	Nook : a new generation AI dedicated to the game of Bridge	14.45
Samantha Punch and Cara Nethery	s.v.punch@stir.ac.uk	Digital leisure and bridge during Covid-19: The 'missing' players and social isolation	15.15
Nikolina Jeretič	nikajeretic@gmail.com		15:45
Tomasz Rutkowski	tomasz.rutkowski@riken.jp		16:15
Marek Małysa	Marekmalysa4@gmail.com	Latest results on dementia research	16:45
Zakończenie			17:00